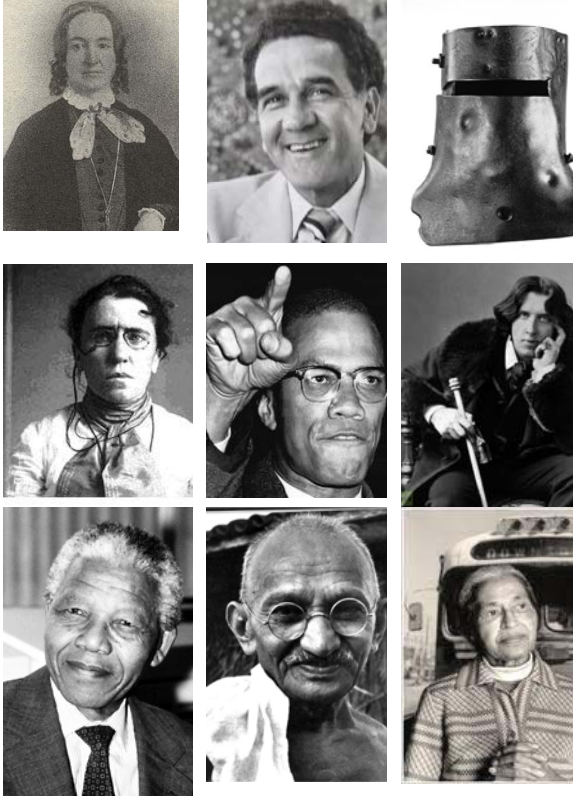


All these people had it!



Maybe somebody you know has it too.

All of the above people suffered from Oppositional Disobedience Disorder. Many died young or were incarcerated for much of their life, some were murdered. Others, given support and access to creative forms of Direct Action and political franchise were able to live long productive lives.

We need to support the actions and treatment of ODD sufferers both within and outside the Mental Health System.



Oppositional Disobedience Disorder Support Group

The O.D.D. Support Group offers a range of therapeutic programs where O.D.D. sufferers can express themselves and their needs in a supportive environment. Such events as Public Rallies, Demonstrations, Protests, Direct Actions, Vigils, etc can alleviate the worst symptoms of O.D.D. We also have a range of empathetic Peer Support Workers who model recovery through their own Lived Experience of being O.D.D. Many have gone on to overthrow governments, change public opinion and revolutionize society.

Contact Details

You can email us at:
o.d.d.supportgroup@hotmail.com

Or find us on facebook as
ODD Support Group

Oppositional Disobedience Disorder and You



Austrian Government
National Mental Health Commission

What is ODD?

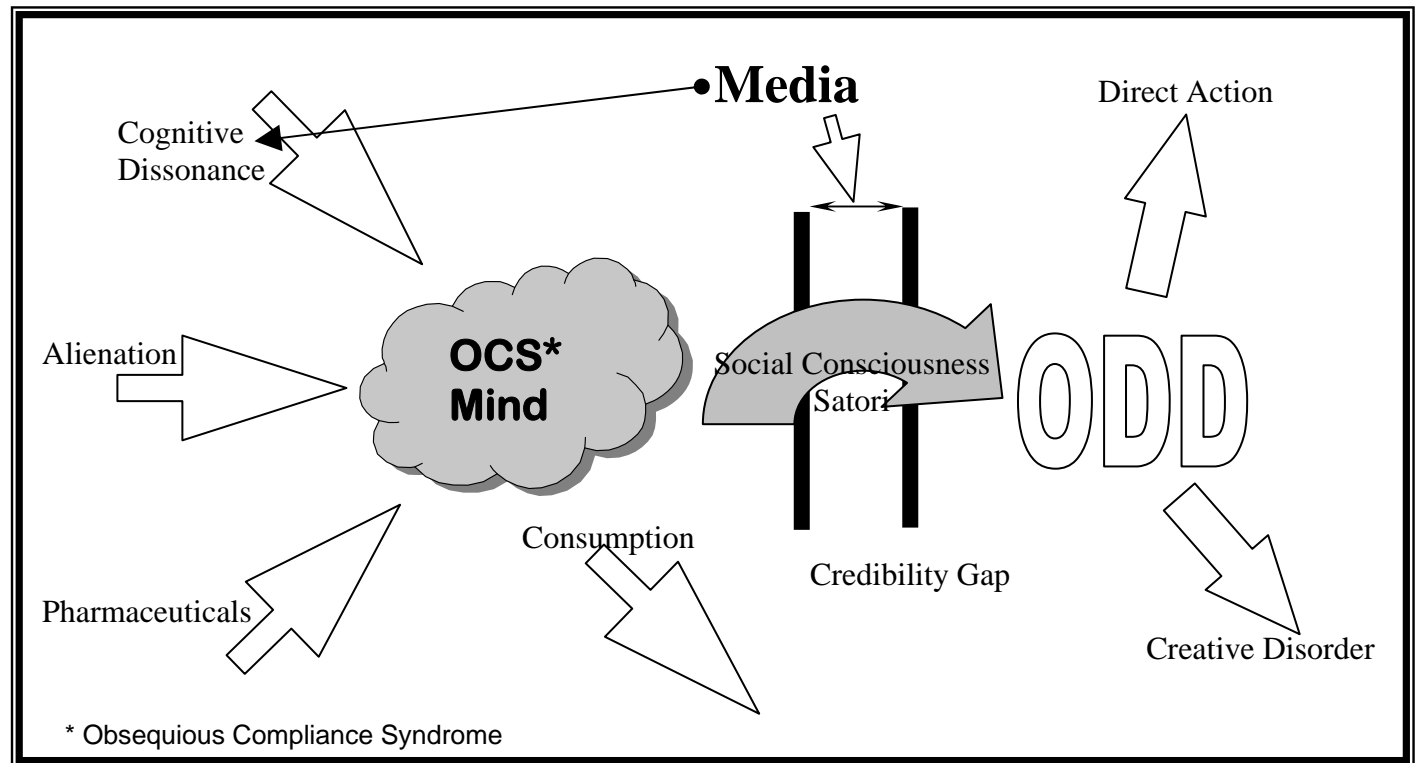
Oppositional Disobedience Disorder (ODD) is a diagnosis described by the Diagnostic and Statistical Manual of Mental Disorders edition 5 (DSM-V) as an ongoing pattern of guided disobedience and hostilely defiant behaviour toward authority figures which goes beyond the bounds of normal behaviour. Those suffering from this disorder may appear stubborn and agitated. This disorder is similar in nature to Oppositional Defiance Disorder which manifests in children and pre-adolescents but differs in that the concerns that guide the pattern of behaviour are often quite rational and ethical.

Sufferers often exhibit a wide spectrum of symptoms including excessive, often persistent anger, disregard for authority, an enhanced social conscience and habits and concerns beyond the norm.

What causes ODD?

ODD can be triggered by a wide range of situations or events that encourage the development of a social consciousness or self enlightenment. This increased awareness bridges the Credibility Gap created by the Media and leads to tertiary Oppositional Disobedience Disorder which can only be alleviated by Direct Action and Creative Disorder. See model above

Social consciousness can be developed by experiencing: segregation, police brutality, prejudice, injustice, political corruption, corporate greed, environmental destruction, human rights violations, war, trauma, etc.



What is the DSM?

The DSM 5 (Diagnostic and Statistical Manual of Mental Disorders V) is the latest in a long line of books that attempt to catalog the varieties of Mental Illness that exist. Past editions of the DSM have categorised homosexuality as a Mental Illness and reinforced the use of hysterectomies for women with anxiety disorders. What will this edition hold? Whether it's old hokum or new bull the DSM pigeon-holes people into artificial categories often based upon a scattering of symptoms. Dysfunctions with quite different root causes can end up being treated the same way, and often improperly.

The DSM series of manuals makes it simple for psychiatrists to "diagnose" "illnesses" based upon simple check lists and then use the drug suggestions provided. It reinforces the worst stereo types about certain conditions and serves to pathologize personalities and social differences. The DSM fails to take into account the fullest variety of human behaviour and can be mis-used to almost any effect; it is one more basis for the authority of the psychiatric system. As mentioned, previous editions of the DSM have been responsible for a wide range of mis-diagnoses and violations of Human Rights. What's next? Maybe Oppositional Disobedience Disorder *will* be the next "disease" to sweep the globe...